

Sport Matters: Mat Distribution

	Mat 1	Mat 2	Mat 3	Mat 4	Mat 5
Day 1	48 kg 44 kg	52 kg 50 kg A,B	55 kg 50 kg C,D	66 kg A,B 60 kg A,B 40 kg A,B	66 kg C,D 60 kg C,D 40 kg C,D
Day 2	73 kg +70 kg A,B	57 kg +70 kg C,D	63 kg 81 kg A,B	70 kg 81 kg C,D	90 kg +90 kg

